

Automatic Moist Heating pads (Available in digital and Analogue)



ANALOGUE CONTROLLER



DIGITAL CONTROLLER



KING
PAD

S766d

King 14" x 26"

- The King Pad is recommended for large areas such as the back and spine.

Available with digital controls



MEDIUM
PAD

S767d

Medium 13" x 13"

- The Medium Pad is suitable for areas such as the arm, shoulder, elbow, and back.

Available with digital controls



MINI
PAD

S768d

Mini 6.5" x 18.75"

- The Mini is ideal for cervical, throat, and jaw area (as in T.M.J.) as well as the ankle and wrist area.

Available with digital controls

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s769D

Heating Pad for Neck and Shoulders

Includes digital controls

Moist/Dry Heating Pad Economy Size (12" x 15") Available in digital King or Medium Heating Pad



Penetrating [Moist Heating Pad](#) (King, Medium, and Mini)

The Thermotech Hot Pack produces moist heat automatically by drawing moisture from humidity in the air and retaining it in the hot pack's outer flannel cover. Because it delivers very intense moist heat, the Thermotech is more effective than other electric heating pads on the market. Moist heat increases circulation and speeds recovery by bringing in fresh blood cells and taking away wastes which hinder healing. This is known as electric fomentation therapy. The application of moist heat (fomentation) is commonly prescribed by physical therapists, chiropractors, and doctors. The Thermotech Hot Pack is the method that is most often recommended. A hand-held momentary switch, controlled by the user, turns the hot pack on and off, and allows the user to maintain the highest temperature possible. The momentary switch must be held "on" to allow the unit to heat, released while cooling to normal body temperature. This treatment can be so relaxing; often the user may fall asleep. When the pressure switch is released, the unit immediately shuts off. A One Year Full Warranty is provided.

Using Tens & Moist Heat To Relieve Pain

TENS + Moist Heat = Less Pain

TENS works by sending an electrical current into tense muscle areas, causing the muscles to contract and relax. TENS is often used instead of medication to reduce pain. It is especially effective for treating low back and neck pain. Like many modalities, however, the relief is only temporary.

Moist Heat is an excellent supplement to TENS treatments. It relaxes tense muscles and eases stiff joints. It improves circulation, brings fresh blood to the affected area and takes away waste. In short, heat provides pain relief and speeds healing. Still, like with TENS, the relief is temporary.

TENS + Moist Heat can add hours of pain relief to your day. Use moist heat before getting up in the morning to relieve stiffness in the neck or low back. Then use TENS to help you throughout the day. And, at the end of the day, use moist heat to help you relax and rest.

About Moist Heat

For centuries, people have known that heat can relieve pain. We soak in hot tubs or apply electric heating pads because we know instinctively that heat will help us feel better.

What exactly does heat do?

- Heat improves circulation
- Heat improves cell function (metabolism)
- Heat decreases stiffness in tendons and ligaments
- Heat relaxes the muscles and decreases muscle spasm
- Heat lessens pain

Medical professionals explain that heat causes dilation of the blood vessels in the area being treated. This increase in blood flow brings fresh blood to the area and takes waste away from it. The result is that heat eases pain and speeds healing.

Automatic Moist Heat Pad (advanced)

Provides moist heat treatments by a process of fomentation without adding water for the relief of all types of pain conditions. During the healing process, moist heat therapy has proven most effective to ease pain, reduce stiffness and increase circulation. Includes flannel cover and three year warranty.

Size		Item
King (26"x14")	Digital	S766d
Medium (18"x14")	Digital	S767d
Mini (19"x7")	Digital	S768d
Shoulder 20" X 20"	Digital	S769d
King (26"x14") *	Analogue	S766
Medium (18"x14") **	Analogue	S767
Mini (19"x7") ***	Analogue	S768

The Pain Cycle: Low back and neck pain may be caused by trauma or continual strain. The body responds to such pain with muscle guarding, an attempt to immobilize the painful site by tightening the muscles. Muscle guarding impairs circulation in the affected area. The decrease in blood supply leads to a decrease in metabolism with an accumulation of waste products. TENS (transcutaneous electric nerve stimulator) and moist heat modalities can help break this pain cycle and aid in the normal healing process.